

#Thinkbeforeyoulift

Conversion - metric ton to kilonewton*

1 t	9,810 kN
2 t	19,620 kN
3 t	29,430 kN
4 t	39,240 kN
5 t	49,050 kN
6 t	58,860 kN
7 t	68,670 kN
8 t	78,480 kN
9 t	88,290 kN
10 t	98,100 kN
20 t	196,200 kN
30 t	294,300 kN
40 t	392,400 kN
50 t	490,500 kN
60 t	588,600 kN
70 t	686,700 kN
80 t	784,800 kN
90 t	882,900 kN
100 t	981,000 kN
1000 t	9.810,000 kN



metric ton

A unit of mass equal to 1.000 kilograms.

kilonewton

One newton (N) is the force needed to accelerate one kilogram of mass at the rate of one metre per second squared in direction of the applied force.

It is common to see forces expressed in kilonewtons (kN) where $1\text{ kN} = 1000\text{ N}$

average body weight

Europe	70,7 kg	165,1 lb	694,31 N
Asia	57,7 kg	127,2 lb	565,84 N
Africa	60,7 kg	133,8 lb	595,26 N
N America	80,7 kg	177,9 lb	791,39 N
S America	67,9 kg	149,7 lb	665,87 N
Oceania	74,1 kg	163,4 lb	726,67 N

*Conversion is based on our Dutch location, gravity on earth used for this calculation differs depending on your geological location. Source used for the calculation is the GRACE program by NASA.